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#17-90 Workers' Compensation by State

Potential hosts of J-1 interns/trainees are required to provide proof of Worker's Compensation Insurance Policy of which the rules vary from state to state. Generally, all states except Texas and South Dakota mandate employers with more than certain number of employees purchase workers' compensation insurance.

Workers' compensation insurance is regulated on the state level, e.g., some states mandate coverage for only full-time employees; some mandate for part-time workers, temps, and independent contractors; some states allow businesses to operate a self-insured (or self-funded) plan. The following table highlights the different requirements by state.



For assistance, contact FUSIA at +1 718 643 0311 ext. 11 (office) or +1 917 244 2600 (WhatsApp chat). FUSIA is a Department of State Exchange Visitor Progarm designated sponsor in the J-1 intern category.

